Unit 5

States of Consciousness

1. Describe the continuum of consciousness.
2. Describe the stages of sleep, function of sleep, and sleep disorders.
3. Analyze theories of dream interpretation.
4. Discuss hypnosis and debate surrounding hypnosis.
5. Analyze tolerance, addiction, and withdrawal.
6. Identify and explain the effects of various drugs (depressants, stimulants, hallucinogenic drugs).
7. Analyze the cultural perspective of drug use and meditation.